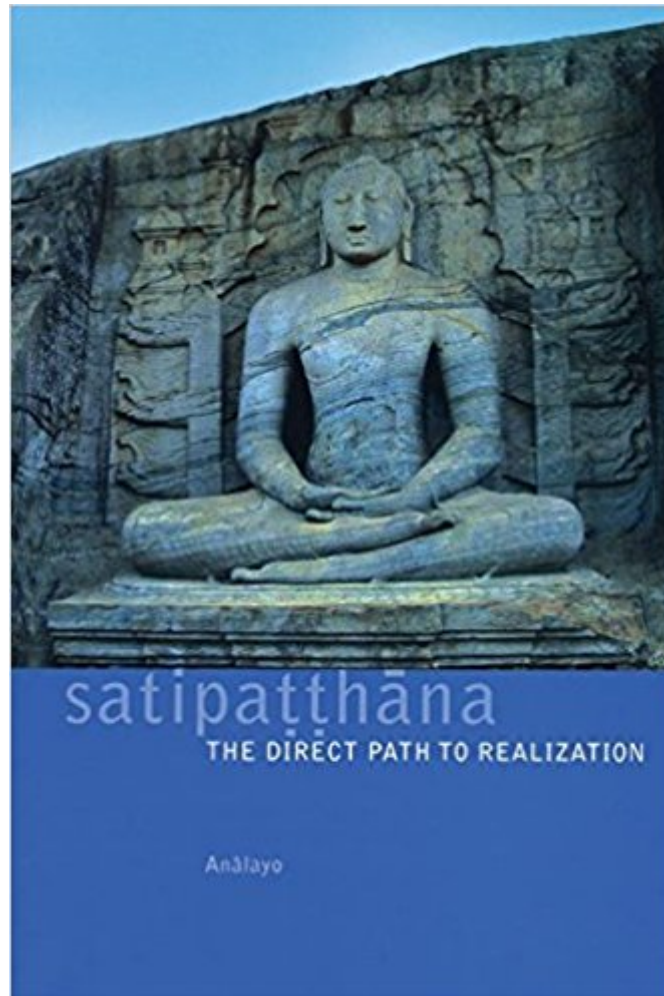




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linguistic and doctrinal context, but he also explains how this is to be put into practice. This is the best book on the Satipatthana sutta out there.

This is the best book there is on the Satipatthana Sutta. I have read a few good commentaries on the Satipatthana Sutra but of them all this will become a classic. It is a great balance of great practice advice and deep technical knowledge. Thank you Venerable Analayo for your great work. This will bless many sentient being for ages to come.

Brilliant book, Very complicated, not for the beginner in Buddhist Ideas. Lots of footnotes and lot additional study to fully understand and realize the thought and Ideas in it. This is a book I will study over and over again. it has led me down several paths of Buddhism. Not to be read in a evening Highly recommend for any one with a serious interest in this philosophy.

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